Sample Review Matrix on the Use of Acupuncture for Treating Chronic Lower Back Pain

REFERENCE & PURPOSE			SUBJECTS			DATA	VARIABLES		STUDY				COMMENTS
Author(s), Title, Journal	**Year Published**	**Purpose**	**#**	**Subject Characteristics**	**Sample Design**	**Year Data Collected**	**Control**	**Intervention**	**Strengths**	**Limitations**	**Relevance**	**Conclusion**	**Column1**
Cho YJ, Song YK, Cha YY, Shin BC, Shin IH, Park HJ, Lee HS, Kim KW, Cho JH, Chung WS, Lee JH, Song MY. Acupuncture for chronic low back pain: A multicenter, randomized, patient-assessor blind, sham-controlled clinical trial. *Spine.*	2013	Is acupuncture superior to a placebo for treating chronic lower back pain?	130	Similar baseline characteristics except for Oswestry Disability Index	Multicenter, randomized, patient-assessor blind. Visual analogue scale (VAS) score, Oswestry Disability Index, general health status (Short Form-36), and Beck Depression Inventory (BDI). Treated >6 weeks for 2x week.	2008-2010	Sham acupuncture treatments	Real acupuncture treatments	Blind maintained even though sham treatments were given	Low BDI score of participants in this research make it difficult to affirm that effect of psychosomatic pain of participants be a significant variable	Effectiveness of acupuncture	Based on VAS scores, acupuncture is effective	Look up other study designs that show effectiveness of intervention with other pain areas